City of Falls Church Recreation and Parks Division

Summer Camps



2007



223 Little Falls Street Falls Church, VA 22046 Main Number: 703-248-5077

Summer Camp Registration Form

How To Register

REGISTRATION STARTS:

City of Falls Church Resident: Monday, February 5, 2007 Non-City Resident: Monday, February 12, 2007

WALK-IN: At the Falls Church Community Center, 223 Little Falls Street. We accept checks, exact cash, credit, and debit cards.

MAIL-IN: Registrations are processed the second day of registration. Complete the Household Registration Form (located at bottom), include payment and mail to:

Falls Church Recreation & Parks 223 Little Street, Falls Church, VA 22046

PHONE-IN: There will be no phone-in registration on the first day of resident or non-resident registration. Phone-in registration starts on the second day of registration either February 6 or February 13.

Note: In-person registration takes priority over mail and phone-in. No applications will be processed prior to the beginning registration dates. Registrations received prior to these dates will be held and included with the mail received on the first day of registration. Phone-in registration with credit cards only.

CHARGE IT! We accept Visa, MasterCard, American Express, and Discover. Checks should be made payable to the "City of Falls Church."

FEES: Payment must accompany registration.

FINANCIAL AID: Financial aid is available for City of Falls Church residents only. Forms are available in the main office or call 703-248-5077 for more information.

REFUND POLICY: The Recreation and Parks Department refund policy can be found on page 12 (back page).

CANCELLATION POLICY: The City of Falls Church Recreation and Parks Division reserves the right to cancel camps and programs for which there is insufficient registration. In addition, there is limited enrollment for all programs.

REGISTER EARLY: All camps are filled on a first come, first serve basis. Deadlines to register are normally two-weeks prior to start of the camp. **Register early to prevent cancellations!**

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		Hous	sehold Registrati	ion Form			
Primary Household La	ast Name:		Firs	t Name:		_	
Address:							
City:		State:		Zip:			
Home Phone Number	: ()		Work Phone Numb	ber: ()			
Emergency Contact a	nd Phone Nu	mber:					
() Special Assistan	() Special Assistance is needed for one or more individuals listed on registration.						
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injury resulting from par							
as to the safety of this p							
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Participant Name	Male/ Female	Date of Birth	Activity Registration #	Section #	Activity Name	Waiver Initial	Activity Fee
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Please read class info		Ť - Ť				TOTAL T	
Make checks payable	to City of Fa	ills Church.				TOTAL	

Fun Summer Programs

Summer Fun Playground Program

The Falls Church Recreation and Parks Division is offering a traditional playground program for rising first through rising sixth graders. Children will enjoy a fun-filled summer including sports, afternoon swimming, arts and crafts, games, special events and field trips. Time is also available for unstructured play. Each week's activities are centered around a theme. The camp runs from June 18 to August 3, Monday through Friday during the hours of 9am-3pm. Camp is located at Cherry Hill Park and the Gage House. A policy manual will be mailed to all participants. **Space is limited, so sign-up early!**

Weekly:

Resident (R): \$85/session
Non-Resident (NR): \$95/session

Weekly Sessions:		385001-D	July 9-13
385001-A	June 18-22	385001-E	July 16-20
385001-B	June 25-29	385001-F	July 23-27
385001-C	July 2-6 (No camp July 4)	385001-G	July 30-Aug 3

Entire Summer: 385002-A Extended Care: 389991-A, B, C, D, E, F, G 7-9am \$22 389992-A, B, C, D, E, F, G 3-6pm \$33

Residents: \$325 Non-Residents: \$400



Swimming Lessons

Learn to swim with American Red Cross Swimming Lessons at the Broadfalls Apartment Pool, 809 W. Broad Street. Recreation and Parks Department instructors will provide instruction on the basic strokes and water safety. In the event of lightning, classes will be cancelled and a class credit given to your household. Classes will be held during rain. Sessions are two weeks long. Please note: Summer Fun Program participants will be transported to and from swimming lessons. Transportation for Summer Fun campers ends Aug 3.

Fees: Resident: \$65/session (Session C is \$60)

Non-Resident: \$75/session (Session C is \$70)

Preschool Swim

Ages 3-5 years will learn to swim in a fun and safe environment. Parents must accompany children and be prepared to get into water if necessary. **Transportation is not provided!**

385100 9:30-10am **385105** 12pm-12:30pm

Session A June 18-29

Session C July 2-13 (No class July 4)

Session E July 16-27 Session G July 30-August 10

Beginner & Intermediate Swimming

Ages 6-11 are welcome! Swimmers will be tested and placed within their skill group. Learn the fundamentals of water safety and basic strokes. No experience is necessary! **Transportation is not provided!**

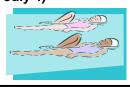
385102 10:10-10:55am **385103** 11:05-11:50am

Session A June 18-29

Session C July 2-13 (No class July 4)

Session E July 16-27

Session G July 30-August 10



Beat the Heat

Theme Weeks Summer Camp

Let your child hang out with like-minded peers and enjoy five weeks of daily fun and activities. At the end of each session, your child will take home a project. Cost includes a healthy snack and material fees. Children must be 3-5 years old and potty trained. **Extended Care is not available for this camp.**

 When:
 382009-1
 Musical Instrument Week
 June 4-8

 382009-2
 Summer Food Week
 June 11-15

 382009-3
 Plant and Pottery Week
 June 18-22

 382009-4
 Splash and Paint Week
 June 25-29

Hours: 1-4pm

Fees: R: \$100/session NR: \$110/session

Location: Falls Church Community Center Preschool Room

Instructor: Sue John



Dance Camps & Workshops

Hip Hop and You Won't Stop!

Campers ages 10-14 are invited to learn all the elements of hip hop; poppin', lockin', breakin', house, free style and MCing! Experience being in the life of some of your favorite hip hoppers like High School Musical, Cheetah Girls, and Ciara. Enjoy fun music, crafts, games and most of all dancing! No previous experience required; just your freshest moves!

When: 380202-G July 30-Aug 3.

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio **Extended Care:** 389991-G 7-9am \$22

Extended Care: 389991-G 7-9am \$22 389992-G 5-6pm \$33

Dancing Princesses

Imagine the curtain opening with your beautiful ballerina floating gracefully across the floor in a dream sequence! Now it is time for your child's dreams to come alive! Bring one of your child's favorite toys or dolls and their favorite song and instructors will incorporate the items into camp. Extended care is not available for this camp.

When: 380207-1 Ages: 5-7 July 10 & July 12

Hours: 9am-12 noon

Fees: R: \$65 NR: \$75

Location: Falls Church Community Center Dance Studio

When: 380207-2 Ages: 3-5 July 9 & July 11

Hours: 9-11:30am

Fees: R: \$55 NR: \$65

Location: Falls Church Community Center Dance Studio

Ballet, Tap and All that Jazz!

Students ages 5-10 will learn the choreography and the context of a particular type of dance which will include but not be limited to: ballet, tap, jazz, hip hop, modern, yoga, lyrical, and Broadway. Emphasis will be on creative movement and becoming comfortable performing innovative choreography. No experience necessary.

When: 380205-I August 13-17

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Extended Care: 389991-l 7-9am \$22 389992-l 5-6pm \$33

Princesses Dazzling Dancers!

This camp is for children dance who love to MOVE! Students will learn creative movement such as tap, jazz, hip hop and modern through dances, games, songs and crafts. Using props (like the famous sparkly canes and hats) and fun, fast paced music will enhance each child's dancing experience. **Extended Care is not available for this camp.**

When: 380206-1 Ages: 3-5 August 6 & August 8

Hours: 9-11:30am

Fees: R: \$55 NR: \$65

Location: Falls Church Community Center Dance Studio

When: 380206-2 Ages: 5-7 August 7 & August 9

Hours: 9am-12 noon

Fees: R: \$65 NR: \$75

Location: Falls Church Community Center Dance Studio

Disney Dance

Students will make up dances to popular and exciting songs of Disney. Through generations of Disney songs campers ages 7-10 will study ballet, tap, jazz, and hip hop and perform magical dances the last day of camp.

When: 380208-F July 23-27

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Extended Care: 389991-F 7-9am \$22

389992-F 5-6pm \$33

Dance around the World

This new exciting camp for ages 8-11 explores countries through cultures, language and in particular dance. No experience is necessary for each child will learn new exotic dances from Africa, Italy, and France to name just a few.

When: 380209-B June 25-29

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Extended Care: 389991-B 7-9am \$22 389992-B 5-6pm \$33

Musical Theater Dance Camp Extravaganza

This all encompassing camp will entertain the minds of dancers, singers, actors and the behind-the-scenes theater student. Design sets, wear costumes, study characters and plots and learn the dances from famous musical theater pieces. This is a perfect match between drama and movement where all levels of experience are welcomed for rising Kindergarten through 5th graders.

When: 382003-A June 18-22

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio **Extended Care:** 389991-A 7-9am \$22

389992-A 5-6pm \$33

Art & Dance Camps

Abrakadoodle Summer Art Camp

A snack and beverage will be provided for both half day and full day camps. Full day campers must bring lunch. The additional material fee is due the first day of camp to the instructor. **Extended Care is available for full day participants only.**

Feeling Pretty Fancy

June 18-22

Full Day: 382007-A Half Day: 382008-A Come to Camp Abrakadoodle to get "Feeling Pretty Fancy!" We will learn about Cartier when we create our own jewelry. Learn basket weaving and become milliners as we experiment with hat design. Decorate a pair of flip flops while learning about shoe designer Manolo Blahnik. Discover the world of Arthur Rackham as we make fairies from Model Magic. Designing a folding fan, pop up cards and more make this camp super fun and fancy! Material Fee: \$30

Do Your Chores!

June 25-29

Full Day: 382007-B Half Day: 382008-B Camp Abrakadoodle wants to help you Do Your Chores! This fun camp is all about creating art with chores in mind. *Doing the Dishes* becomes a pottery lesson. *Making Your Bed* is easy when you design the bed you've always wanted out of Model Magic. *Cut the Grass* becomes a nature art lesson and *Take Out the Trash* is a lesson on using recycled materials. There are even more chores to do in this fun and silly Camp Abrakadoodle. So don't forget to "Do Your Chores!" Material Fee: \$30

It's Portfolio Kids - Media Mania!

August 20-24

Full Day: 382007-J Half Day: 382008-J Students will develop a portfolio of work using a variety of mediums. Exploring paints such as watercolors, tempera and acrylics, pastels, papers and Model Magic will lead the way in discovering new and exciting techniques in art creation. Many master and contemporary artists will be studied along with appropriate art vocabulary. All students will create their very own portfolio to safeguard all of their masterpieces.

Material Fee: \$45

Hours:9am-3pm for ages 6-129am-noon for ages 3-6Fees:Full Day:R: \$250/sessionNR: \$260/sessionHalf Day:R: \$125/sessionNR: \$135/session

Location: Falls Church Community Center

Extended Care: 389991-A, B, J 7-9am \$22 389992-A, B, J 3-6pm \$33

Angelina Ballerina Camp

Tiny Dancers® the leading Northern Virginia dance program presents this camp. Join your favorite mouse as she dances her way into your heart with a selection of her wonderful stories. Each day brings an exciting new adventure with Angelina and her family and friends as we interpret the story through dance. Ballet instruction, snack and theme-related craft will be included each day, with a recital on the last day of camp.

Extended care is not available for this camp.

When: 380211-1 Ages: 5-7 July 9-13

Hours: 12:30-2:30pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

When: 380211-2 **Ages: 3-5** July 9-13

Hours: 3-5pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Theater Arts Camp

The Educational Theatre Company (ETC) offers three weeks of camp for ages 8-16. Instructors invite families to view campers performances. Times will be announced. Registration closes the Friday before the start of each session.

Radio Drama and Acting Bootcamp

July 30-August 3

382101-G

In this session the campers will write and produce their own live radio shows using professional PA equipment, common household materials for live sound effects, and their own voices. They will be involved in all aspects from conception to performance. Additionally, campers will learn the techniques behind auditioning, what goes into casting a show, and how to stage a short play in this intensive course of Acting Bootcamp.

Fundamentals of Improvisation and Slapstick

August 6-10

382101-H

During this session, campers will learn the basic techniques to perform character sketches and improvisations on their feet, in the moment. Campers will also spend part of the time working on developing basic physical comedy skills. From the madcap to the zany, campers will experience many styles of comedy to help find their individual comedic style.

Improvisation for Performance and Acting Bootcamp

August 13-17

382101-I

During this final week, campers will again participate in a week of production-oriented activities (see above Acting Bootcamp description for details) as well as developing their improvisational skills at a "performance-oriented" level. Improvised "sketch comedy" will be more complex, narrative and structurally, and will emphasize confident interaction with the audience. Campers participating in this session must attend the second week of the camp or have prior ETC camp experience. The program director will consider other theatre experience in fulfilling the prerequisite as well. Contact ETC at 703-271-0222 ext 5.



Hours: 9am-3pm

Fees: R: \$175/session NR: \$185/session Location: Falls Church Community Center

Extended Care:

389991-G, H, I 7-9am \$22 389992-G, H, I 3-6pm \$33

Princess Dreams Camp

Tiny Dancers® created especially for young children, presents this unique camp. All of our beloved princesses will dance the day away with Cinderella, Sleeping Beauty and friends as we learn ballet. Each day a new princess story will be explored through movement and a snack and theme-related craft will be offered. Join us on the last day of camp for a recital with friends and family. Extended care is not available for this camp.

When: 380212-3 Ages: 5-7 August 6-10

Hours: 12:30-2:30pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

When: 380212-4 **Ages: 3-5** August 6-10

Hours: 3-5pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Science & History Camps

Science Adventures: Gizmos, Gadgets and Goop!

Invent with Electronics

Calling all ingenious inventors ages 4-12! Join Gizmo as he throws open the doors to his secret lab where science and imagination mix to create amazing contraptions. Explore the secret of batteries, bulbs and buzzers with an electrifying electronics kit. Make ice cream without a freezer and discover how the Wright Brothers conquered the sky. Campers will master simple machines and build a motorized K'Nex invention. Become a certified Gizmo Inventor and design exciting new GIZMOS, GADGETS and GOOP!

When: 382202-D July 9-13

Hours: 9am-3:30pm

Fee: R: \$300 NR: \$310 **Location:** George Mason High School

Extended Care:

389991-D 7-9am \$22 389992-D 3-6pm \$33

Extended Care Location:Falls Church Community Center

When: 382202-1 July 9-13

Hours: 9am-12noon

Fee: R: \$190 NR: \$200 **Location:** George Mason High School

AM Extended Care ONLY:

389991-D 7-9am \$22 Extended Care Location:

Extended Care Location:
Falls Church Community Center



\$22

\$33

CAMP TECHNO-KIDS

Imagine your child as a Techno-Kid spending the summer testing ideas and putting ideas to use in practical ways. Campers entering first through sixth grades will explore different challenges each week in science, computers, art, and sports activities. They will invent, design, create, and make discoveries every day!

Private Eye

Campers become detectives when an important mystery needs to be solved. Fingerprinting, secret code making and breaking, handwriting analysis, lip print identification, hair analysis, DNA extraction and candy chromatography are just a few of the methods campers will use to find out who did it! Campers will use computers to keep track of suspects as well as to practice their private eye skills in solving mysteries.

When: 382201-E July 16-20

Hours: 9am-3pm

 Fee:
 R: \$300
 NR: \$310

 Location:
 George Mason High School

 Extended Care:
 389991-E
 7-9am
 \$22

 389992-E
 3-6pm
 \$33

Extended Care Location:Falls Church Community Center

Science of Magic

Now you see it, now you don't. Why not?
Campers will engage in various magic "tricks"
and learn the science behind the magic. We will make potions and brews, create lightning, watch beads change color, see wire bend on its own, levitate paper clips, learn the techniques of card tricks and make our hair stand on end. Campers will learn the tricks of the trade using computer programs and then try their hands at some hocus pocus. Who knows, we may find a Harry Potter or Hermione in our midst!

When: 382201-F July 23-27

Hours: 9am-3pm

 Fee:
 R: \$300
 NR: \$310

 Location:
 George Mason High School

 Extended Care:
 389991-F
 7-9am

 389992-F
 3-6pm

Extended Care Location:Falls Church Community Center

Cherry Hill Summer Camps

Blast Into The Past Excursion Camp

Campers will visit historic sites each day, traveling from colonial times through the 20th century. Excursions will take us to well known sites, as well as those off the beaten path. Camp is for ages 8 and up.

When: 381802-E July 16-20 **Hours:** 9am-3pm

Fee: R: \$215 NR: \$225 Cost includes all museum entrance fees. **Location:** Cherry Hill Farmhouse, 312 Park Ave.

Extended Care:

389991-E 7-9am \$22 389992-E 3-6pm \$33 **Extended Care Location:** Falls Church Community Center



Blast Into The Past History Camp

Step back into the 19th century and enjoy a week of old-fashioned fun activities within the setting of the historic 1845 Cherry Hill Farmhouse. Children ages 8-12 will play games, make crafts, dress in period clothing, cook, make ice cream, learn about local archaeology and life in 19th century rural Virginia.

When: 381801-H August 6-10

Hours: 9am-3pm

Fee: R: \$185 NR: \$195 Cost includes all materials fees.

Location: Cherry Hill Farmhouse, 312 Park Ave.

Extended Care:

389991-H 7-9am \$22 389992-H 3-6pm \$33 **Extended Care Location:** Falls Church Community Center

Adventure & Tennis Camps

Inner Quest

Explore the great outdoors in this adventure camp for ages 9-16. Inner Quest Camp is a five day mobile camp. This camp offers introductory experiences in a variety of adventure activities including: rock climbing, ropes, challenge course (high and low elements), orienteering, and canoeing. Waivers are required.

383102-D When: Ages 9-16 July 9-13 383102-G Ages 10-16 July 30-Aug. 3

Hours: 9am-5pm Fees: R: \$375/session NR: \$385/session

Location: Van will depart from and return to the Falls Church

Community Center. **Extended Care:**

389991- D, G 7-9am \$22 \$33 389992- D, G 5-6pm

Extended Care Location: Falls Church Community Center



Teen Excursion Camp

Rising 6th-9th graders will travel to different exciting destinations each day of the week! Destinations include theme parks, sailing, rock climbing, tubing, and kayaking. An information packet is available at the time of registration. All trips are subject to change. Alternate trips will take place in the event of inclement weather.

June 18-22 When: 383201-A 383201-E July 16-20

July 23-27 383201-F 383201-J August 20-24

Hours: Varies- please refer to the info packet. Fees: R: \$370/session NR: \$380/session

Location: Van will depart and return to the Falls Church

Community Center. **Extended Care:**

389991-A, E, F, J \$22 7-9am 389992-A, E, F, J 3-6pm \$33

Extended Care Location: Falls Church Community Center



Adventure Links

The Ultimate Adventure Camp is designed for campers ages 8-10. Kids will experience a new adventure each day including Primitive Living Skills, Tubing/Canoeing, Rock Climbing, Ropes/Challenge Course and Caving. Activities are non-competitive and are designed to spark new perspectives, and foster personal challenge. No experience is necessary. No refunds will be

issued after May 1, 2007. No exceptions. Waivers must be completed online at www.adventurelinks.net

When:

383301-B June 25-29 383301-G July 30-Aug. 3

Hours: 8am-5pm

R: \$395 Fees: NR: \$405

Location: Van will depart and return to the Falls Church

Community Center. **Extended Care:**

389991-B, G \$22 7-8am 389992-B, G 5-6pm

Extended Care Location: Falls Church Community Center



First Serve Tennis Academy

Falls Church Recreation and Parks has teamed up again with FirstServe Tennis Academy to provide first-rate instructional tennis programs for all ages! Certified instructors teach tennis techniques in a supportive, friendly, and fun environment that fosters student improvement and achievement. The student to instructor ratio for camps is 6:1, except the Player Development and tot camps which is 4:1. Students should bring water and tennis rackets to every session! Fridays are rain date/ optional play days. Visit FirstServe Tennis Academy online at www.tenniseveryone.net or email at info@tenniseveryone.net. AM and PM Extended Care is not available for Tennis Camps.

Location: George Mason High School Tennis Courts

Tots Bouncin' & Swingin' Camp (ages 4-6)

This camp introduces tots to tennis through fun games and activities designed to build eye and hand coordination and familiarity with the tennis ball and racket.

When: 381901-B June 25-29 381901-D July 9-13 381901-F July 23-27 381901-H August 6-10

Hours: 8:30-9:15am; Mon.- Thurs. Fees: NR: \$82

Tennis I Fundamentals Camp (ages 6-10)

Through skill-building games, beginners learn fundamental strokes. When: 381902-B June 25-29 381902-D July 9-13 381902-H August 6-10 381902-F July 23-27

Hours: 9:30am-12noon; Mon.-Thurs. Fees: R: \$160 NR: \$170

Tennis II Intro to Competitive Tennis Camp (ages 7-10)

Intermediate players apply their tennis fundamentals to match play with emphasis on the serve, return of serve, and tennis rules. When: 381905-B June 25-29 July 9-13 381905-D August 6-10

July 23-27 381905-F 381905-H Hours: 9:30am-12noon; Mon.-Thurs. Fees: R: \$160 NR: \$170

Tennis I Fundamentals Camp (ages 10-13)

Through fun skill-building games beginners and intermediates learn the fundamental strokes with emphasis on the serve, return of serve, score keeping, and tennis rules.

When: 381906-A June 18-22 381906-E July 16-20 July 30-Aug 3 381906-G 381906-l Aug 13-17

Hours: 9:30am-12noon; Mon.–Thurs. R: \$160 NR: \$170 Fees:

Tennis II Intro to High School Tennis Camp (ages 10-13)

Stroke production drills combine with match play tactics and strategies to prepare players for high school competition.

July 16-20 When: 381908-A June 18-22 381908-E Aug 13-17

381908-G July 30-Aug 3 381908-I **Hours:** 9:30am-noon; Mon.–Thurs.

Fees: R: \$160 NR: \$170

Tennis III Competitive Player Development Camp (ages 13-18)

Players apply strategic decision-making and tactical drilling concepts to singles and doubles match play. Ideal for players looking to make the high school team and high school team players looking to reach the next level. Player: coach ratio is 4:1.

When: 381907-B June 25-29 381907-D July 9-13

July 23-27 Aug 6-10 381907-F 381907-H 381907-I

Aug 13-17 Hours: 4-5:30pm; Mon.-Thurs. R: \$120 Fees: NR: \$130

Major Sports Camps

Mustang High School Basketball Skills Camp

High level skills camps run under the direction of the boys and girls GMHS basketball coaches. These camps are designed for players that have High School level basketball aspirations. Camps will cover both offensive and defensive skill sets and will help prepare all participants for a higher level of basketball. Camps will cover position breakdown, drill work and game situations.

AM extended care is not available for this camp.

When: 381203-A **Bovs Only** June 18-22 When: 381208-A Girls Only June 18-22

Hours: 10am-3pm

Fees: R: \$150 NR: \$160

Location: George Mason High School Gym

PM Extended Care Only:

389992-A 3-6pm \$33

Extended Care Location:

Falls Church Community Center

Giant Basketball Academy

Former Washington Wizards and New Jersey Nets player Gheorghe Muresan and his coaches will teach the fundamentals of basketball for boys and girls ages 6-14. This camp will feature 1-on-1 skills, shooting, team play, defensive positioning, speed drills and competitions to further develop all-around players. Campers will receive a free Wizards ticket.

When: 381204-D **Boys Only** July 9-13 Location: George Mason High School Gym

381207-G **Co-Ed** When: July 30-Aug. 3

Hours: 9am-3pm

Fees: R: \$190 NR: \$200

Location: Mary Ellen Henderson Middle School Gym

Extended Care:

389991-D, G 7-9am \$22 389992-D. G 3-6pm \$33

Extended Care Location:

Falls Church Community Center

Falls Church Basketball Camp

Campers ages 7-15 will learn the fundamentals of all phases of basketball, including teamwork, offensive moves, defensive strategies, and mental toughness to become a well-rounded, complete basketball player. Directed by the Marshall High School Boys Basketball Staff, campers will play daily games and practice skills in a competitive and exciting environment. Each camper will receive a t-shirt and skill evaluation.

When: 381206-F **Boys Only** July 23-27

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Gym

Extended Care:

389991-F 7-9am \$22 \$33 389992-F 3-6pm

Mustang Basketball Camps

This camp is presented by the George Mason High School Varsity Basketball Coaches and is designed for campers ages 8-13 who want to improve their basketball skills. Campers receive a t-shirt and a basketball.

When:

381203-B Girls Only June 25-29

381203-C **Boys Only** July 2-6 (No camp July 4)

381203-E **Boys Only** July 16-20 381203-F Girls Only July 23-27

Hours: 9am-3pm

Fees: R: \$150 NR: \$160

The fees for session C: R: \$125 NR: \$135

Location: George Mason High School Gym

Extended Care:

389991-B. C. E. F 7-9am \$22 389992-B, C, E, F \$33 3-6pm

Extended Care Location:

Falls Church Community Center



Football Camp

Former Washington Redskins and Atlanta Falcon wide receiver Virgil Seay will host a Football camp for ages 12-17. Campers will be

taught the fundamental skills for wide receivers, running backs, and defensive backs. Campers will practice receiving skills and learn how to run pass patterns. Through drills, film sessions and competitions (One on One Scrimmages), campers can improve their individual skill level.

When: 381005-C July 2-6 (No camp July 4)

Hours: 9am-3pm

Fees: R: \$150 NR: \$160 Location: George Mason High School

Extended Care: 389991-C 7-9am \$22 3-6pm \$33

389992-C

Extended Care Location: Falls Church Community Center

Mustang Baseball Camp

Are you a baseball player looking to work on your skills? Directed by the George Mason High School Varsity Coach, campers will learn skills in fielding (infield and outfield), hitting, base running, and game situations. This camp is designed for boys and girls ages 8-13. Each participant receives a t-shirt.

When: 381001-B June 25-29

Hours: 9am-2:30pm

Fees: R: \$150 NR: \$160 Location: George Mason High School Fields

Extended Care:

389991-B 7-9am \$22 389992-B \$33 2:30-6pm

Extended Care Location: Falls Church Community Center



Multi-Sports

All American Sports Camp

Get active and have fun this summer at the ultimate sports camp. The camp is set up to appeal to campers ages 6-11 who want to experience a variety of sports such as soccer, basketball, flag football, volleyball, whiffleball, and floor hockey, in addition to other sports and physical education activities. We want campers to have fun and develop self esteem, confidence, and a positive attitude while being active.

When: 381401-G July 30-Aug. 3
381401-H August 6-10
381401-I August 13-17
381401-J August 20-24

Hours: 9am-3pm

Fees: R: \$145 NR: \$155

Location: George Mason High School Gym

Extended Care:

389991-G, H, I, J 7-9am \$22 389992-G, H, I, J 3-6pm \$33

Extended Care Location: Falls Church Community Center

Virgil Seay Sports and Activities Camp

Former Washington Redskins wide receiver Virgil Seay hosts this sports and activities camp. The camp will offer boys and girls ages 8-14 the opportunity to improve skills and foster good sportsmanship.

Basketball, Volleyball and Soccer

381404-A June 18-22

Flag Football, Basketball and Soccer

381404-B June 25-29 Flag Football and Soccer

381404-C July 2-6 (No camp July 4)

Basketball, Lacrosse, Flag Football, and Soccer

381404-D July 9-13 **Hours:** 9am-3pm

Fees: R: \$130 NR: \$140

The fee for session C R: \$115 NR: \$125 **Location:** Mary Ellen Henderson Middle School gym

Extended Care:

389991-A, B, C, D 7-9am \$22 389992-A, B, C, D 3-6pm \$33

Extended Care Location: Falls Church Community Center

Camp Olympia Sports Camp

This sports camp for ages 8-14 consists of twice daily swimming (one instructional swim and one free swim), horseback riding four times per week, soccer, basketball, tennis, gymnastics, track and field, and much more. The schedule changes daily and depends on the weather. On Thursdays, a sophisticated, and highly supervised "hide and seek" game called "Camp Game" is played!

When: 383004-C July 2-6 (No camp July 4)

Fees: R: \$320 NR: \$330 When: 383004-F July 23-27 Fees: R: \$400 NR: \$410

Hours: 8am-5pm Extended Care:

389991– C, F 7-8am \$22 389992– C, F 5-6pm \$33

Extended Care Location:Falls Church Community Center

Shooting Stars Tot Sports Camp

Children ages 5-8 will get a "kick" out of this fun packed camp designed to "ignite a passion for sports." Creative games, competitions and challenging skill building activities will captivate and enlighten your children as they work on improving their kicking, running, jumping and throwing skills. All campers will participate in a variety of sports such as soccer, basketball, whiffleball, and floor hockey. PM

extended care is not available for this half day camp.

When: 381402-B June 25-29 381402-D July 9-13

Location: Falls Church Community Center gym When: 381402-E July 16-20

Location: Mary Ellen Henderson Middle School gym

Hours: 9am-1pm

Fees: R: \$100 NR: \$110

AM Extended Care Only:

389991– B. D. E 7-9am \$22

Extended Care Location: Falls Church Community Center

Mustang Lacrosse Camp

Directed by the George Mason High School's lacrosse coaching staff, players ages 8-13 will work on skills such as shooting, checking, scooping and passing as well as developing offensive and defensive game strategies. All players will be assigned to teams and will compete daily. Individual awards are presented at the end of the camp. Campers will need mouth guards, cleats, and sticks.

Extended care is not available for this camp.

When: 381002-E **Girls Only** July 16-20 381002-F **Boys Only** July 23–27

Hours: 5-8pm

Fees: R: \$100 NR: \$110

Location: George Mason High School Fields

Golf Camp

Every Body Golf School offers our popular Junior Camps. Junior Camps feature five half-days of certified instruction for boys and girls, ages 8-17. Campers learn putting, chipping, irons, woods, sand play, rules, etiquette, and course management. All campers receive a diploma, water bottle, T-shirt, hat, logo ball, tees, green repair tool, ball marker, and snacks. Loaner clubs provided. You will travel by van to the Golf School. The van will depart from and return to the Falls Church Community Center.

When: 381601-H August 6-10 Hours: 9am-3pm Monday-Friday Fees: R: \$325 NR: \$335

Fees: R: \$325 NI Extended Care:

 389991-H
 7-8am
 \$22

 389992-H
 3-6pm
 \$33

Extended Care Location: Falls Church Community Center



Soccer Camps

First Kicks British Soccer Camp

A friendly, low-key introduction to the basics of soccer through ball familiarization, games and FUN!
British Soccer professionals patiently encourage players to take their first steps in soccer in a way your child will love! Camp is for children ages 3-4. Camp includes a soccer ball, t-shirt, player evaluation and gift.

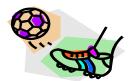
Extended Care is NOT available.

When: 381303-F July 23-27

381303-G July 30–Aug. 3 381303-H August 6-10

Hours: 10:45-11:45am **Fees:** R: \$65 NR: \$75 **Location:** George Mason High

School Fields



Minisoccer British Soccer Camp



A unique way for 4-6 year olds to learn the fundamentals of the game. Fun games, competitions

and challenging skill building activities taught in small groups by British Soccer professionals will captivate and enlighten your child. Camp includes a soccer ball, t-shirt, player evaluation and free gift.

Extended Care is NOT available.

When: 381304-F July 23-27

381304-G July 30-Aug. 3 381304-H August 6-10

Hours: 9-10:30am

Fees: R: \$90 NR: \$100 **Location:** George Mason High

School Fields

Advanced British Soccer Camp

Designed for players ages 8-16 who are serious about the game. This professional instructional program focuses on individual skill development, game-related techniques, tactical development, and coached match play. All programs are conducted by qualified British Soccer coaches. Bring cleats, lunch and water bottle daily. Camp includes a soccer ball, t-shirt, player evaluation and gift.

When: 381406-F July 23-27 381406-G July 30-Aug. 3

381406-H August 6-10

Hours: 9am-3pm

Fees: R: \$180 NR: \$190

Location: George Mason High School

Fields

Extended Care:

389991-F, G, H 7-9am \$22 389992-F, G, H 3-6pm \$33

Extended Care Location:Falls Church Community Center

Soccer Academy Camp

Improve your soccer skills! This camp is directed by the Soccer Academy. They provide the highest quality and a world of experience under the direction of John Ellis for players of all levels. All players will receive a t-shirt at the end of camp. Each week a half day camp is offered for ages 5-7. A full day is offered for ages 7-13. PM extended care is NOT available for the 1/2 day camp.

When:

381301-B Full Day June 25-29 381302-B Half Day June 25-29 381301-E Full Day July 16-20 381302-E Half Day July 16-20

Hours: 9am-3:30pm for ages 7-13

9am-12 noon for ages 5-7

Fees: R: \$215/Full Day NR: \$225/Full Day R: \$185/Half Day NR: \$195/Half Day

Location: George Mason High School Fields

Extended Care:

389991–B, E 7-9am \$22 389992–B, E 3:30-6pm \$33

Extended Care Location:Falls Church Community Center

British Soccer Player Development Program

This program, coached by a specialized British Soccer instructor, provides technical and tactical instruction, placing emphasis on skill development, fundamental tactical awareness, and FUN for campers ages 6-16. Bring cleats and water bottle daily. Camp includes a soccer ball, t-shirt, player evaluation, and gift.

When: 381305-F July 23-27

381305-G July 30– Aug. 3 381305-H August 6-10

Hours: 9am-12 noon **Fees:** R: \$125 NR: \$135

Location: George Mason High School Fields

AM Extended Care only:

389991-F, G, H 7-9am \$22 **PM** care is not available for this half day camp.

Extended Care Location: Falls Church Community Center

When: 381306-F July 23-27

381306-F July 23-27 381306-G July 30– Aug. 3 381306-H August 6-10

Hours: 12:30-3:30pm **Fees:** R: \$125 NR: \$135

Location: George Mason High School Fields **AM care is not available for this half day camp.**

PM Extended Care only:

389992-F, G, H 7-9am \$33

Extended Care Location:Falls Church Community Center

Olympic Sports

Camp Olympia Horseback Riding

This horseback riding camp for children ages 8-14 provides eight rides per week, swimming twice a day, plus other camp activities including gymnastics, soccer, basketball, track and field, just to name a few. There is no riding on Thursdays but campers will have various unmounted horse activities such as grooming, cleaning tack, leading, bathing, etc. and play the ever popular "Camp Game" a sophisticated, highly supervised hide and seek game.

When: 383003-C July 2-6 (No camp July 4)

Fees: R: \$415 NR: \$425 When: 383003-F July 23-27 Fees: R: \$515 NR: \$525

Hours: 8am-5pm Extended Care:

389991–C, F 7-8am \$22 389992–C, F 5-6pm \$33

Extended Care Location: Falls Church Community Center

Clay Hill Horseback Riding Camp

Campers ages 9-14 are assigned a horse to take care of and learn to ride. Children will have lessons in safety and horse grooming and management, i.e. general care, grooming, leading, saddling, bridling, washing, clipping, mucking, tack care, mounting, and dismounting, correct position at the walk and trot for beginner riders. Advanced riders will practice cantering and jumping. Campers will need long pants and hard-soled shoes with ½ to 1 inch heels. Release forms are required.

When: 383002-D July 9-13

383002-I August 13-17

Hours: 8am-5pm

Fees: R: \$405 NR: \$415

Extended Care:

389991-D, I 7-8am \$22 389992-D, I 5-6pm \$33

Extended Care Location: Falls Church Community Center

"The World Around Me" Workshop

This fun, fast paced camp is designed for ages 6-12 to reinforce positive social skills necessary for school and home. Through positive reinforcement and role-play, kids learn the benefits of education, teamwork, articulation of ideas, and a sound value system. Campers will learn that life can be both demanding and fun! We specialize in kids that have been diagnosed with ADHD, ADD, and other learning disabilities. Total transformation home study course available. For info call 703-241-9272. **This summer only- 50% off!!!!**

When: 381408-C July 2-6 (No camp July 4)

Fees: R: \$100 NR: \$110 **When:** 381408-E July 16-20

Hours: 9am-3pm

Fees: R: \$125 NR: \$135

Location: Falls Church Community Center Dance Studio **Extended Care:** 389991-C, E 7-9am \$22

389992-C, E 3-6pm \$33

Karate

The "Ninja Rangers— A Warrior's Call" camp is designed to help boys and girls ages 6-12 utilize their full range of imagination and problem solving skills. Campers are thrust back to ancient Japan. They are among the nation's top elite soldiers who are summoned by the king to fight off attempts of a hostile take over by the king's enemies. The soldiers have five days to train for the skirmish, including creating and building their own (child-proof) ninja weapons

and camouflage gear to use against enemy forces. The fate of the ancient ninja nation depends on your child/children.

When: 381407-J August 20-24

Hours: 9am-3pm

Fees: R: \$200 NR: \$210

Location: Falls Church Community Center Dance Studio

Extended Care: 389991-J 7-9am \$22

389992-J 4-6pm \$33

Fencing

This camp is located off-site. Campers must be 9 years and older. Parents must take their children to the Virginia Academy of Fencing for the camp. There is no extended care available for this camp. Equipment fee of \$29 is payable to VAF on the first day of camp. Register for both sessions in one day and the equipment fee will be waived for the second camp. Virginia Academy of Fencing, 5401-B Port Royal Rd. #3, Springfield, VA Phone: 703-321-4922

Olympic Sport Fencing: Foil, Sabre, Epee

Fencing is an Olympic sport for students 9-years-and-older of all athletic abilities. Often called the physical game of chess, it improves coordination, balance, grace, and quick reflexes.

Fee: R: \$170	NR: \$180	
381701-B	June 25-29	9-12 noon
381701-E	July 16-20	9-12 noon
381701-G	July 30- August 3	9-12 noon
381701-I	August 13-17	9-12 noon
381701-K	August 27-31	9-12 noon
381702-A	June 18-22	12:30-3:30pm
381702-D	July 9-13	12:30-3:30pm
381702-F	July 23-27	12:30-3:30pm
381702-H	August 6-10	12:30-3:30pm
381702-J	August 20-24	12:30-3:30pm

Historical Swordsmanship: Rapier, Two-Handed Sword, Katana

Students will explore the Rapier, the Two-handed sword and the Katana. Practice swords used in class are the shinai and the foil. **Fee:** R: \$170 NR: \$180

381704-A	June 18-22	9-12 noon
381704-D	July 9-13	9-12 noon
381704-F	July 23-27	9-12 noon
381704-H	August 6-10	9-12 noon
381704-J	August 20-24	9-12 noon
381703-B	June 25-29	12:30-3:30p
381703-E	July 16-20	12:30-3:30p

July 30-August 3

August 13-17

August 27-31



12:30-3:30pm

12:30-3:30pm

12:30-3:30pm

11

381703-G

381703-I

381703-K

Summer Camp Registration Information

Registration Days and Hours:

Registration is held at:

Falls Church Community Center 223 Little Falls Street Falls Church, VA 22046

City of Falls Church Residents Registration:

Monday, February 5, 2007

Non-City Residents Registration:

Monday, February 12, 2007

Falls Church Community Center Hours:

Monday-Thursday 8am-10:30pm
Friday 8am-12 midnight
Saturdays 8:30am-12 midnight
Sunday 12 noon-6pm (Jan-March)
Sunday 2–6pm (April-Dec)

Recreation & Parks Office:

Camp administrative support is provided by the Falls Church Recreation & Parks Division. For additional camp information, call 703-248-5077.

REGISTRATION INFORMATION IS ON PAGE 2

Facility Locations

Falls Church Community Center

223 Little Falls Street

Cherry Hill Farmhouse

312 Park Avenue

George Mason High School

7124 Leesburg Pike

Mary Ellen Henderson Middle School

7130 Leesburg Pike Broadfalls Pool 809 W. Broad St.

Cancellation Policy:

The City of Falls Church Recreation and Parks Division reserves the right to cancel camps and programs for which there is insufficient registration. In addition, there is limited enrollment for all programs. Early registration prevents cancellations.

Refund Policy:

The Recreation and Parks Department will provide a full credit or refund for a camp if the camp is cancelled by the Department.

For any reason other than those noted above, a "Request for Refund/Household Credit" form must be completed and submitted at least **two weeks** before the start of camp. Exceptions are listed in descriptions.

- Requests for a refund made at least two weeks before the start of camp will be granted, less a 20% processing fee.
- Requests for a credit made at least two weeks before the start of camp will be granted, less a 10% processing fee.
- Requests less than two weeks before camp starts will only be granted for <u>medical reasons</u> (doctor's note required).
- No refunds or household credits will be given if the request for such is submitted after camp has ended.

Financial Aid:

Financial aid is available for City of Falls Church residents only. Forms are available in the main office or call 703-248-5077 for more information.

Camp Extended Care:

Extended care is located at the Falls Church Community Center and will be available for <u>most</u> camps. Please review individual camp descriptions for extended care availability, hours and cost. If the camp is not located at the Community Center, then transportation to and from extended care will be provided, unless otherwise noted.

WHAT TO KNOW ABOUT SUMMER CAMP!

Each child will need to bring a lunch with drink and an afternoon snack daily. There is no refrigeration. Campers will need to wear comfortable shoes, as well as clothes that can get dirty. Swimsuit and towel for swim days where applicable. Some camps are held outside for extended periods of time. Please have children wear and bring sun block. If a child needs to take medication, you must complete the proper paper work and give medication to the Camp Director! Medication forms are available at the camp site.

Accessibility Statement

The City of Falls Church does not discriminate on the basis of disability in its employment practices or in the admission to, access to, or operations of its services, programs, or activities. Letha Flippin, 300 Park Ave. Falls Church, VA 22046 has been designated to coordinate compliance with the ADA non-discrimination requirement.